



PHENOMENOLOGICAL CONSTELLATIONS, MOVEMENT ART AND BODY AWARENESS CAMP AT ATLANTIC

Caños de Meca, Costa de la Luz, Andalucia, 5th - 11th of September, 2027

We warmly welcome you to our already third camp we lead together on movement and constellation, this time at another favorite place of ours. Caños de Meca is the place where we feel home and are home. It is the place where we have organised our Spanish wedding; an artistic residency; where I (Edó) fell fully in love with Andalucia and the ocean, the first place that I (Paco) wanted to show to my wife, to Edó. The endless sandy beaches, the cosy corners, the friendly atmosphere, the typical andalucian venta / bars with great local wine and tapas are our favorites.

Although there will be endless opportunities to just splash around, sunbathe, and go on excursions on foot, by bike, or by bus, this is still a camp where, despite the tempting surroundings, participants are required to take their participation in the programs seriously.

Participation in the camp can be exchanged for three days of participation in the Nelles Institut Transylvania basic experience group (former called basic training)

PROGRAM:

Might slightly change depending on the weather.

4th of September, Saturday: Arrival

5th of September, Sunday: 9:00-10:00 Opening circle with Edo and Paco

10:00-12:15 The world of constellations, introductory lecture, Q&A with Edo

12:45-15:00 Movement workshop with Paco

6th of September, Monday: 15:00-17:45 Constellations with Edo

18:15-21:00 Movement workshop with Paco

7th of September, Tuesday: 9:00-11:45 Movement workshop with Paco
12:15-15:00 Constellations with Edo

8th of September, Wednesday: free program

9th of September, Thursday: 15:00-17:45 Constellations with Edo

18:15-21:00 Movement workshop with Paco

10th of September, Friday: 9:00-11:45 Movement workshop with Paco

12:15-15:00 Constellations with Edo

11th of September: 15:00-17:00 Constellations with Edo
17:30-19:30 Movement workshop with Paco
20:00-20:30 Closing of the camp
Leftover dinner on the beach, where everybody is welcome to contribute with a little snack.

12th of September, Departure

The meeting room is in a spectacular place, 5-6 km from Caños de Meca in a former pigeon farm, now a hotel, **Palomar de la Breña**.

FEE: €650

The fee includes the participation fee for the programs, transport with a rented minibus between the accommodation to the meeting room, a night out for a wine and a tapas when you are our guests.

For those who are completing or have completed the advanced LIP training at Nelles Institut Transylvania €550. Early bird €550 when the whole amount is paid till the 1st of May, 2027.

You can secure your place by paying a deposit of €350. The number of places are limited.

The fee does not include accommodation and meal.

For accommodation we can recommend apartments with a few rooms, which economically is the most worthy, the price per person can drop down between 20-25 euros depending on how many people are sharing an apartment and how in advance the reservation is made. After registering we can send you the recommended accommodations, and put you in contact with each other in case you want to organise your travel and accommodation together.

In case you organise yourself to come in small groups (3-5 persons) from the airport with rented cars, we drop the idea of renting a minibus and this means also that the cost will drop with 50 euro per person.

Register here:

<https://www.nellesinstitut.ro/cursuri/programari/>

Deadline for registration: 1st of August!

LOCATION AND ACCESS:

[Los Caños de Meca - Costa de la Luz | Cadiz province | Andalucia.com](#)

Caños de Meca is a small, unspoiled community on the windswept but stunning Costa de la Luz. Caños is located on the edge Andalucia's second largest coastal reserve called the [Breña y Marismas de Barbate natural park](#).

Caños de Meca is known for its [beautiful unspoilt beaches](#), some backed by steep cliffs and pine trees and others more open and backed by sand dunes.

Perched on the cliff-tops straddling the coast road, this laid-back little village has gained a reputation as a trendy

place for beatnik travellers and wave-jumpers to spend the summer.

It is close to [Jerez de la Frontera](#), Paco's hometown, and also the hometown of Sherry wine, andalusian horses and flamenco.

Caños de Meca is well off the beaten track and has to be reached by either taking the A-2230 country road off the N-340 coast road just north of [Vejer de la Frontera](#) or by taking the minor coast A-2233 road through the pine forest north from Barbate. The latter affords a more spectacular arrival.

You can fly to Malaga, Seville or Jerez de la Frontera and take a bus to Caños de Meca. In case there is no bus to Caños de Meca, take one to Conil or Barbate, or take a train to Cadiz and from there a bus that leaves you close to the village and we will pick you up by car.

Nearby places to visit: Barbate, with its famous market. Vejer de la Frontera, the white town on the top of the hill. Conil, a charming fishing town at the coastline, with wonderful local vegetables and tasty icecreams. San Ambrosio with the ruins of a church from the 7th century. Montenmedio Foundation, a unique open-air museum located in Vejer de la Frontera, Spain. It is the largest open-air museum in southern Europe, where contemporary art and nature coexist in perfect harmony.

You are welcome!

Edó & Paco

